



IMPERIAL HERITAGE SCHOOL

SECTOR-102, GURUGRAM

SESSION 2024-25

**HOLIDAY
HOMEWORK
GRADE
XII-HUMANITIES**

**DON'T LOSE
FOCUS**

"Celebrate the magic of summer vacation, where every day holds the promise of adventure and every moment is a memory in the making."

**Dear Parents
Greetings!**

Summer vacation is a time to escape the confines of the classroom and immerse ourselves in the wonders of the world around us. Whether it's exploring exotic destinations, embarking on outdoor adventures, or simply enjoying the freedom of lazy days spent with friends and family, summer vacation is a cherished time filled with possibilities.

Summer Vacation is the time for the children to explore their multitude interest and indulge in various activities and projects which would lead to their all-round development. We have designed the Holiday Homework in such a way that their creative and hidden talents are surfaced and they will also be able to develop skills like relating, thinking, concluding, inferring etc. With a little creativity and an open mind, the possibilities for a fulfilling summer vacation are endless.

As we reflect on the memories made and the experiences shared during our summer adventures, let us carry the spirit of vacation with us into the new school year. Let us approach each day with a sense of curiosity and wonder, eager to learn and grow from the world around us. And let us never forget the joy and freedom that summer vacation brings, reminding us of the endless opportunities that await us each and every day.

So here's to summer vacation – may it be filled with laughter, adventure, and unforgettable memories that will last a lifetime.

Summer parenting can be both rewarding and challenging, as it often involves balancing work, childcare, and making the most of the season's opportunities for fun and relaxation.

Here are some vital suggestions for navigating summer parenting:

- **Create a Schedule:** While summer is a time for relaxation, having a schedule can help maintain consistency and structure for both you and your children. Include time for activities, chores, meals, and downtime.
- **Plan Engaging Activities:** Keep your children active and engaged with a variety of activities such as outdoor sports, yoga, exercise, arts and crafts, nature walks, swimming, and visits to local parks or museums.
- **Encourage Independence:** Use the summer as an opportunity for your children to develop independence and responsibility. Allow them to make choices, take on age-appropriate tasks, and solve problems on their own.
- **Limit Screen Time:** While it's tempting to let children spend hours on electronic devices, set limits on screen time and encourage other forms of entertainment and learning, such as reading, imaginative play, and outdoor exploration.
- **Maintain Learning:** Incorporating learning activities into your child's routine. This can include reading a book, writing practice in the languages, taking dictation, reading dictionary for new words, practicing math skills etc.
- **Model Self-Care:** Show your children the importance of self-care by prioritizing your own well-being. Make time for relaxation, exercise, meditation, hobbies, and spending quality time with family and friends.
- **Communicate Openly:** Keep the lines of communication open with your children, and encourage them to express their feelings, concerns, and ideas. Listen actively, validate their emotions, and work together to find solutions to any challenges that arise.

Smart tips for Homework Assignments:

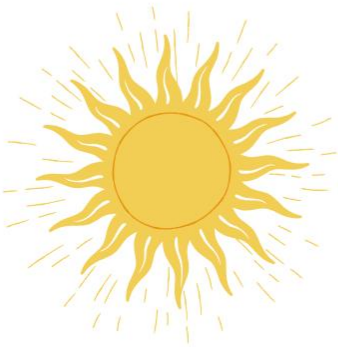
- Originality of the work will be appreciated.
- Schedule your time for activities so that there is no piling up for the last moment.
- Read the instructions for each subject carefully.
- Holiday Homework is a part of subject enrichment and will be assessed as per the given parameters.
- A beautiful handwriting makes a good impression. Submit your work neatly.
- Parents are requested to only guide their children while doing their assignments.
- Please maintain the quality of work done.
- Present your assignments creatively

Rubrics to assess Holiday Assignments:

Content	Presentation	Relevance	Creativity	Originality	On-time Submission
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Let us all feel the summer vibes with a poem written by 'Christina Rossetti' ...

SUMMER EMBRACE



In the golden glow of a sun-kissed day,
Summer arrives in its splendid display.
School doors close, and children cheer,
As vacation whispers, "The time is here!"

No more pencils, no more books,
Just endless days with curious looks.
From sandy shores to mountain peaks,
Adventure awaits, with no time to be meek.

Underneath a cerulean sky so vast,
Memories are made, moments that last.
Splashing in rivers, climbing trees,
Chasing fireflies in the evening breeze.

Ice cream cones and lemonade stands,
Footprints left in soft, warm sands.
Picnics in parks, laughter in the air,
Summer vacation, beyond compare.

From dawn till dusk, and into the night,
The world is ours, an endless delight.
With friends by our side, and dreams in our heart,
Summer's embrace, never to depart.

So, let's dance in the sun, and sing with glee,
For summer vacation sets us free.
In this season of joy, let's make our stand,
Embracing the magic of sun-kissed land.



Happy
holidays

Wishing all of you a very joyful, safe and fun packed summer break.
Happy Holidays!

Best Regards
Ms. Neelu Sharma
Principal

Practical work plays a crucial role in education by promoting deeper understanding, practical skills development, holistic development, and engagement across all subjects. Practical work provides a hands-on approach that allows students to understand theoretical concepts better. It enables students to apply what they have learned in the classroom to real-life situations.

The below mentioned projects are designed to align with the CBSE curriculum framework and guidelines. aiming to provide students with meaningful learning experiences, fostering critical thinking skills, encouraging creativity, and facilitating the application of knowledge in real-world contexts.



Please note: The practical work/projects will be assessed under Internal Assessment as per the specific parameters outlined by the CBSE across different subjects.

ENGLISH

I. CBSE ASL BASED PROJECT

Topic - Breaking the Chains: Ending Child Servitude

Integrated Chapter - Lost Spring (Flamingo)

Objective - Creating a project on child servitude is an impactful way to raise awareness about this pressing issue and advocate for the rights and well-being of children. Here's a project outline:



Students will listen to podcasts/ interviews/radio or TV documentary on the given topic and do a thorough research on the same. Prepare a report including surveys, statistical data, graphs etc countering or agreeing with the speakers in 800 to 1000 words and submit.

Your project file should contain the following details:

1: Cover page

- Prepare a creative cover page giving relevant details of your project.

2: Index

- Make 3 columns – Serial no, topic, page no.

3: Statement of Purpose

- Write down at least five objectives of the given project.

4: Acknowledgement

- Sample to be provided by the teacher.

5: Certificate of Completion

- Sample to be provided by the teacher.

6: Action Plan

- Sample to be provided by the teacher.

7: Materials Used

- List down all the materials used by you in making of the project.

8: Report

- Report to be written in approx.1000 words.

9: Student Reflections

- Share your views/conclusion on the given topic and write the learning outcomes.

10: Evidence of your report

- Photographs and other pieces of evidence of the research to be pasted.

11: Bibliography

- Pen down the sources from where the information was accessed.

Note:

1. Make a file of your choice with A4 size sheets only.
2. Sheets can be colorful or plain.
3. Presentation should be neat.
4. Project must showcase your creativity.
5. Student findings should be his/her original work.

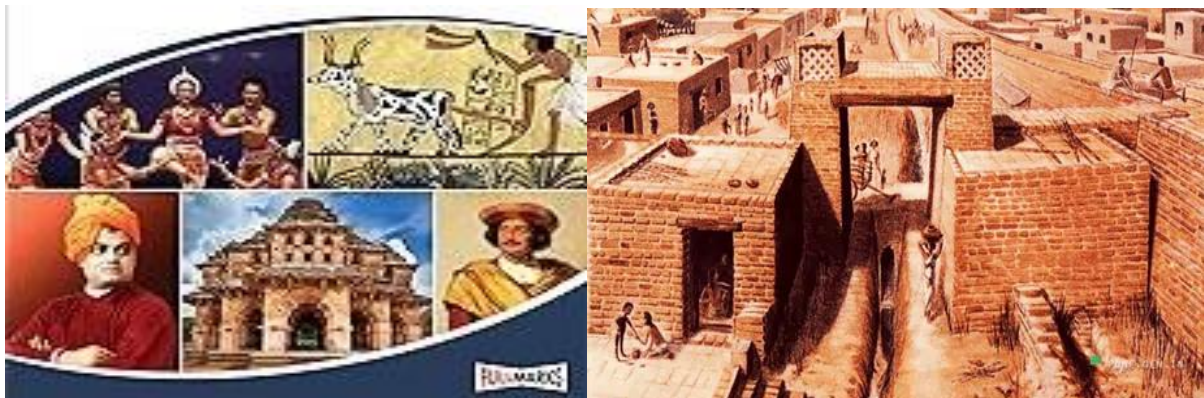
II. SUGGESTED READING

‘Silas Marner’ by George Eliot is a long reading text prescribed by CBSE for extensive study. Please find the link below for online reading. Write the summary of the novel in 120-150 words and present it creatively with an illustration. Happy Reading!

https://cbseacademic.nic.in/web_material/doc/novels/1_Silas%20Marner,%20by%20George%20Eliot%20-%20Class%20-%20XII.pdf

**HISTORY**

'Study the past and you would define the future.' — Confucius

**Project work will help students:**

- To develop skills to gather data from a variety of sources, investigate diverse viewpoints and arrive at logical deductions.
- To develop skill to comprehend, analyses, interpret, evaluate historical evidence, and understand the limitation of historical evidence.
- To develop 21st century managerial skills of co-ordination, self-direction, and time management.
- To learn to work on diverse cultures, races, religions, and lifestyles.
- To learn through constructivism-a theory based on observation and scientific study.
- To inculcate a spirit of inquiry and research.
- To communicate data in the most appropriate form using a variety of techniques.
- To provide greater opportunity for interaction and exploration.
- To understand contemporary issues in context to our past.
- To develop a global perspective and an international outlook.

- To grow into caring, sensitive individuals capable of making informed, intelligent, and independent choices.
- To develop lasting interest in history discipline.

A FEW SUGGESTIVE TOPICS FOR CLASS XII PROJECTS

1. The Indus Valley Civilization-Archaeological Excavations and New Perspectives
2. The History and Legacy of Mauryan Empire
3. “Mahabharat”- The Great Epic of India
4. The History and Culture of the Vedic period
5. Buddha Charita
6. A Comprehensive History of Jainism
7. Bhakti Movement- Multiple interpretations and commentaries.
8. “The Mystical Dimensions of Sufism
9. Global legacy of Gandhian ideas
10. The Architectural Culture of the Vijayanagar Empire
11. Life of women in the Mughal rural society
12. Comparative Analysis of the Land Revenue Systems introduced by the Britishers in India
13. The Revolt of 1857- Causes; Planning & Coordination; Leadership, Vision of Unity
14. The Philosophy of Guru Nanak Dev
15. The Vision of Kabir
16. An insight into the Indian Constitution
17. Comparative study of Stupas and Pillar edicts
18. Comparative study of Mughal and Vijayanagar architecture

Steps involved in the conduct of the project:

1. Choose a Title/Topic
2. Need of the Study, Objective of the Study
3. Hypothesis
4. Content -Timeline, Maps, Mind maps, Pictures, etc. (Organization of Material/Data Present Material/Data)
5. Analyzing the Material/Data for Conclusion
6. Draw the Relevant Conclusion
7. Bibliography

Marking Scheme:

S. No	HEADING	MARKS
1	Synopsis/ Initiation	3
2	Data Collection/ Interpretation	6
3	Data Analysis	3
4	Viva-voce	8
	TOTAL	20

ECONOMICS

The objectives of the project work are to enable learners to:

- Probe deeper into theoretical concepts learnt in class.
- Analyse and evaluate real world economic scenarios using theoretical constructs and arguments.
- Demonstrate the learning of economic theory.
- Follow up aspects of economics in which learners have interest.
- Develop communication skills to argue logically.



The students have to choose any one of the topics from the list given below:

1. Paradigm shift in Indian Economy after Coronavirus Breakdown:

- Background on the coronavirus pandemic and its impact on the Indian economy
- Pre-Pandemic Economic Landscape
- Overview of the Indian economy before the COVID-19 outbreak (Key sectors, trends, and challenges) like Agriculture, manufacturing, service sector-import, export, inflation rate, employment rates, FDI etc-
- Impact of the Coronavirus Breakdown (Economic consequences of the pandemic on India, Disruption of supply chains, businesses, and employment, Government responses and relief measures)
- Paradigm Shift in Economic Policies (Changes in government policies and strategies to address the crisis, Shifts in fiscal and monetary policies, Introduction of new initiatives and reforms)
- Transformation of Key Sectors
- Globalization and Trade Dynamics (Shifts in global trade patterns and relationships, Impact on India's position in the global economy)

2. Rural-Urban Migration and Economic Development:

- Investigate the patterns and drivers of rural-urban migration in India.
- Analyze the economic implications for rural and urban areas, including labor markets, poverty, and urbanization.
- Assess policy responses to address the challenges of migration and promote balanced regional development.

3. Tourism Sector Development and Economic Impact:

- Analyze the growth of the tourism sector in India and its contribution to GDP, employment, and foreign exchange earnings.
- Examine challenges in tourism infrastructure, sustainability, and destination management.
- Evaluate policy measures to promote tourism development and maximize economic benefits while minimizing environmental and social impacts.

4. Case study on Market Structures

- Choose a particular industry
- Analyse its market structure (monopoly, perf.comp, oligopoly etc)
- Evaluate the impact of the structure on pricing, output and welfare of the consumers

5. Impact of COVID-19 on the Indian Economy

- Analyse the economic repercussions of pandemic on various sectors such as Agriculture, manufacturing, services, employment and govt. policies
- Examine the economic impact of the COVID-19 pandemic on India's GDP growth.

- Analyze the sector-wise disruptions and recovery trends post-pandemic.
- Evaluate the effectiveness of government policies and interventions in mitigating economic fallout.

6. Environmental Economics

- Investigate the economic consequences of environmental degradation
- Policies aimed at promoting sustainability
- Analyse concepts such as pollution taxes, externalities etc.

7. Income Disparities in India:

- Investigate the income disparities among different states and regions in India.
- Explore the causes and consequences of income inequality in the Indian context.
- Suggest policy measures to address income inequality in India.

8. G20 and Digital Economy:

- Explore the G20's initiatives on digital economy governance, including data protection, cyber security, and digital trade.
- Analyze the opportunities and challenges presented by the digital economy for G20 member countries.

9. Economic Crisis in the USA- 2024

- Overview of the economic crisis
- Causes of the economic crisis
- Impacts of the economic crisis

10. Major risks confronting the global economy in 2024

- Rising geopolitical tensions
- China's economic slowdown
- Surging financial stress
- Climate change

11. IPL and its Impact on Indian Economy

- Introduction to IPL
- Economic Impact (Revenue generation, employment generation, Infrastructure development, tourism etc)
- Social Impact (Regional integration, Fan engagement, Youth inspiration etc)
- Challenges and Criticisms
- Government policies and regulations
- Future Prospects
- Recommendations

Guidelines for Presentation of Project Report

1. The total length of the project will be 25 to 30 pages.
2. The project should be handwritten.
3. The project should be presented in a neat folder.
4. The project report should be developed in the following sequence:
 - Cover page should include the title of the Project, student information, school and year.
 - List of contents.
 - Acknowledgements and preface (acknowledging the institution, the places visited and the persons who have helped).
 - Introduction. Topic with suitable heading.
 - Planning and activities done during the project, if any.

- Observations and findings of the visit.
- Conclusions (summarized suggestions or findings, future scope of study).
- Photographs (if any).
- Appendix

Marking Scheme:

S. No	Heading	Marks Allotted
1	Relevance of the topic	3
2	Knowledge Content/Research Work	6
3	Presentation Technique	3
4	Viva-voce	8
	Total	20 Marks

POLITICAL SCIENCE



**“Politics is the art of the possible, the attainable — the art of the next best.”
— Otto von Bismarck**

- To enable learners to probe deeper, initiate action and reflect on knowledge and skills acquired during the course of class.
- To analyze and evaluate real world scenarios using social constructivism, a theory based on observation and scientific study.
- To become independent and empowered to choose their topic and gather data from a variety of source, investigate varied viewpoints acquired during the course and arrive at logical deductions.
- To enquire into, and reflect on, issues independently /in collaboration with others and identify the limitations.
- To develop 21st century skills of communication, cooperation, coordination, critical thinking, creativity, and collaboration to produce an extended and independent work.

Suggested Topics:

1. NAM- 1961 to present times.
2. Division of Germany with special focus on the construction and dismantling of the Berlin Wall.

3. CIS-Central Asian Republics
4. Disintegration of USSR with special focus on Gorbachev.
5. Arab Spring
6. Cover the negative as well as positive aspects of relationship between India and the following countries.
Focus on any one of the following (current updates should be highlighted):
 - a) Relationship between India and Russia
 - b) Relationship between India and China
 - c) Relationship between India and Pakistan
 - d) Relationship between India and Bangladesh
7. ASEAN
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8. European Union and BREXIT
9. BRICS
10. SAARC
11. India's Nuclear Policy
12. United Nations with focus on India's candidature in Security Council.
13. UN Agencies – UNICEF, UNESCO, WHO
14. Pandemics: Covid 19- Its global impact (focus on worldwide cooperation and preparedness along with controversies
(please collect newspaper clippings for the same)
15. Partition of India-Theory behind it and its legacy
16. Comparison between NITI AAYOG and Planning Commission and their contribution in India's Development.
17. Election 2019- Rise of BJP and Downfall of Congress (1989-2019).
18. Emergency – A blot on Indian Democracy
19. NDA III and NDA IV – Social and Economic welfare programmes.

The marks will be allocated under the following heads:

S.no	COMPONENTS	MARKS ALLOTTED
1	INTRODUCTION/OVERVIEW	2
2	VARIETY OF CONTENTS	3
3	PRESENTATION	3
4	CONCLUSION	1
5	BIBLIOGRAPHY	1
6	VIVA-VOCE	10
	TOTAL	20

PSYCHOLOGY

INSTRUCTIONS:

1. Development of Case Profile.
2. Submission Date of case profile: 2nd July,2024

Importance of Practicals in Psychology

Practicals in psychology are intended to provide students with requisite knowledge and skills in psychological tools and techniques to gain an understanding of human behaviour.

Case Profile guidelines

The students are required to undertake one compulsory case profile during this academic year as per CBSE guidelines. Developing a case profile would primarily involve the use of qualitative techniques such as interview, observation & psychological tests.

Objective of the project:

During the course of preparing a case profile, the students would gain a first-hand experience in the use of these qualitative techniques.

Students may consider preparing a case profile on either of the mentioned below:

1. An individual who has excelled in areas like: Sports, Academics, Music etc.
2. Prepare a case profile of individuals having special needs like learning disability, autism, Down's syndrome etc.
3. Prepare a case profile of those with interpersonal social problems, i.e. poor body image, obesity, temper tantrums, substance abuse, not getting along with peers, withdrawn, etc.

Format of Case Profile

A format for case presentation covering broad aspects is given below. It is suggested that the case be developed in a narrative format along the following points:

1. Cover Page: Case study [Heading in capital bold letters], your name, class and section, board roll no. and name of the school
2. Acknowledgement by the student
3. Certificate
 - School logo
 - This is to certify that [your name] of class XII -A [your class and section] has completed this case study under my supervision and this case study may be considered as a part of the practical exam of 2024-25 conducted by CBSE.
[Teacher's signature]
4. Index
5. Introduction to case study (HEADING)
 - a. What is psychology, History of Psychology, Psychological Assessment
 - b. Explain case study method; advantages and disadvantages of this method (3-4 sides)
 - c. Objectives of the case study
 - d. Data Collection:

While collecting data, following techniques of Data Collection are used

 - Interview (What is interview method)
 - Observation (What is observation method)
 - Psychometric Tests (What is psychometric tests) [Class XI book]
6. INTRODUCTION ABOUT THE TOPIC (Eg. Depression/Anxiety)
 - Signs and symptoms
 - Causes

- Diagnosis
- Treatment

7. CASE PROFILE (of the subject) 1 page

My case is NAME . He/she is years old and is a student of school He/she is (nature, likes, dislike) Habits, interests, and talents.

I chose him/her as my case for following reasons

- 2-3 reasons (know them well or stays near my home or study in same school or observed behaviour that was .. therefore observing him/her was very convenient.

8. Identification of Data

- Biographical data
- Name - photo
- Age
- Gender
- Height
- Weight
- Number of siblings
- Birth order
- Educational Qualification
- Occupation: Student/
- Place of education
- Date of birth
- Place of birth
- Any diagnosed problem/illness (in the past/present)
- Any professional help taken (past and present), giving a brief history of the problem, attitude towards counselling (indicating the motivation to seek help, etc.)
- Personal History [Paragraph about the subject`s general life, talk about school/college life, what she/he wants to do in future, any particular change in life, attitude about life, schooling, friends etc.]
- Family History
- Family Tree
- Family arrangement: Joint family/ nuclear family with number of members in the house.
- Family details –

Father

1. Name of the father:
2. Age:
3. Educational Qualification:
4. Occupation:
5. Designation:
6. Attitude towards patient:

Mother

1. Name of the mother:
2. Age:
3. Educational Qualification:
4. Occupation:
5. Designation:
6. Attitude towards patient:

Sibling 1

1. Name:

2. Age:
3. Educational Qualification:
4. Occupation:
5. Designation:
6. Attitude towards patient:
 - Rapport Building-1 page (what is rapport building, how you created rapport building)
 - Interview with the subject
 - Summary of the interview: [your observation and conclusion of the interview]
 - Interview with the Father
 - Subject`s relation with his/her father [your observation]
 - Interview with the Mother
 - Subject`s relation with his/her mother [your observation]
 - Interview with Sibling
 - Subject`s relation with his/her sibling [your observation]
 - Interview with Significant others: [One friend and one teacher]

9. Medical History

- Subject:
- Father:
- Mother:
- Siblings:

10. ASSESSMENT METHODS

- Interview
- Psychological Test (if applicable)
- Name of any test that you have chosen
- Aim
- Introduction- 2-3 lines
- Methodology-why the test is used, age criteria (4-5 lines)
- Instructions
- Scoring and interpretation
- Result
- Conclusion
- Introspective / behavioural report (before the test, during the test, after the test)
- Conclusion of the Case Study (including conclusion of both tests) 1 page:
Also write about the behavioral observation that you have done through interview with the subject and significant others.
If there is discrepancy in test scores and your observation, then write it and the reasons. Suggest strategies if the subject has high anxiety or emotionally unstable.

11. Subject`s Experience-1 page

12. Qualitative data (any photo during interview etc.)

13. Bibliography

- NCERT Class XII Psychology Book
- NCERT Class XI Psychology book
- www.wikipedia.com
- <http://www.simplypsychology.org/case-study.html>
- Psychology Test manuals

PHYSICAL EDUCATION



INSTRUCTIONS:

- 1) This project needs to be done on an A4 size sheet (white or coloured).
- 2) These need to be compiled in a single file.

TOPICS:

- 1) Draw a labeled diagram of the athletics 400 mt track and field events with computations.
- 2) Compute the value of BMI of a family member in present it graphically. Take at least 5 responses.
- 3) Draw a labeled diagram of the field and equipment of any one game/sports of your choice.
Game/Sports list: -Football, Badminton, Chess, Cricket, Volleyball, Skating, Table Tennis, Taekwondo, and Basketball.
- 4) Write about the game's equipment, also mention its rule, terminologies & skills. And draw or paste pictures of the same.
- 5) Make a list of the current National Awardees in Sports and write the details about all the awardees.
- 6) Explain in detail any five yoga asanas, benefits, contraindication for improving concentration. Draw or paste pictures of the same.