



THE TIMES OF INDIA

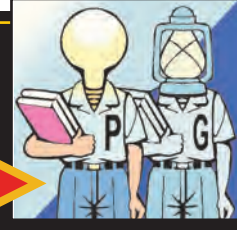
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TODAY'S EDITION

■ You can disagree without being rude!
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STUDENT EDITION

TUESDAY, OCTOBER 6, 2020



WEB EDITION

CLICK HERE: PAGE 1 AND 2

JEE-Advanced results announced; Pune boy Chirag Falor tops exam

Pune boy Chirag Falor has bagged the top rank in the Joint Entrance Exam (JEE)-Advanced, securing 352 marks out of 396 marks. The second and third rank have been bagged by Gangula Bhuvan Reddy and Vaibhav Raj respectively. "Kanishka Mittal is the national topper among girls," said an official of IIT, Delhi. The results were announced on Monday.

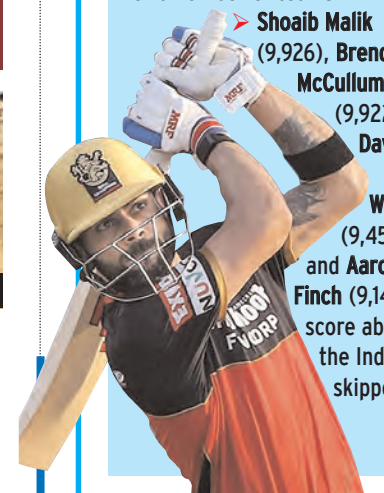
IIT, Delhi conducted the JEE-Advanced exam this year for admission to the IITs across the country. JEE-Mains, which is an entrance exam for admission to engineering colleges across the country, is a qualifying exam for the JEE-Advanced

Virat Kohli set to create history, 10 runs away from becoming first Indian to score 9k T20 runs

Royal Challengers Bangalore (RCB) captain Virat Kohli is set to achieve another milestone in his T20 career. He needs 10 more runs in the ongoing Indian Premier League (IPL) to become the first Indian batsman to breach the 9k-mark in the shortest format. The batsman has scored 8,990 runs in 285 T20s, he has played so far.

Overall, the list of most runs in the shortest format is topped by Chris Gayle with 13,296 runs in 404 matches. He is followed by Kieron Pollard, the second batsman with over 10,000 runs. The West Indies' white-ball captain has scored 10,370 runs, while playing for a number of teams

Shoaib Malik (9,926), Brendon McCullum (9,922), David Warner (9,451) and Aaron Finch (9,148) score above the Indian skipper



What India has reiterated its commitment to its policy of 'no first use' (NFU) of nuclear weapons, and to a complete non-discriminatory nuclear disarmament at the special session of the UN. It may be noted that after the successful completion of the nuclear tests in 1998, India adopted a 'no first use' policy. The government had asserted then that the arsenal would only be used as a nuclear deterrent

How Most of the nuclear states in the world maintain policies that permit them to use nuclear weapons in case of a conflict. Pledges to use these weapons as a strict 'no first use' policy are rare. In 1964, after China carried out its first nuclear test, it pledged a NFU policy. These policies, are, however, generally declaratory in nature, **THERE IS NO DIPLOMATIC ARRANGEMENT IN PLACE TO EITHER VERIFY OR ENFORCE IT.** Countries, who have pledged, can still use the nuclear weapons first, in case there's a conflict. As of today, China and India are the only nuclear weapon states that have maintained an unconditional NFU pledge

Who **RESERVES THE RIGHT TO FIRST USE NUKE WEAPON:** The US has pledged that it would not use nuclear weapons against others, who do not have them. For those who have nuclear weapons, Washington has stated that it would consider using nukes first to defend itself or its allies. In 1982, Soviet leader Leonid Brezhnev pledged that Moscow would have a NFU policy and not launch nukes during conflict. However, in 1993, Russia did away with the stance, and said that it would not use nukes against countries, who do not possess nuclear arsenal. France maintains the right to use nukes first under any circumstances. The UK has a vague policy and does not rule out anything



WHERE DOES PAKISTAN STAND? Islamabad does not have a nuclear doctrine, and it remains unclear under what conditions it may use the nuclear weapons. From time to time, Pakistan has threatened India by saying that it would use nuclear weapons, if the situation demands. In 2002, the then President Pervez Musharraf stated that "nuclear weapons are aimed solely at India," and would only be used if "the very existence of Pakistan as a state" was at stake. General Khalid Kidwai, who served as the head of Pakistan's Strategic Plans Division (SPD), had said that Islamabad may consider using nuclear weapons, if India attacks its neighbour

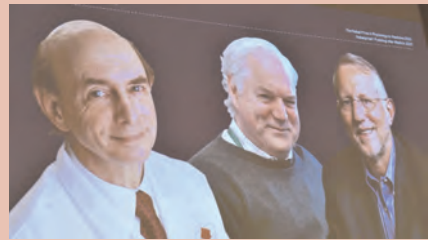
“The world is living in the shadow of nuclear catastrophe, fuelled by growing distrust and tensions between the nuclear powers Antonio Guterres, Secretary General, UN”



In January 2003, the government released its first official nuclear doctrine. Among the major points in the doctrine was a 'no first use' posture. However, the doctrine made it clear that India's nuclear retaliation to a first strike will be massive and designed to inflict maximum damage. The doctrine also stated that the government may consider using nuclear weapons to retaliate against attacks using chemical and biological weapons (CBW)

'NoFirst Use' OF NUKES

AWARDS Three win Nobel Prize in medicine for discovery of Hepatitis C virus



Americans Harvey J Alter and Charles M Rice, and British scientist Michael Houghton were awarded the Nobel Prize for Medicine or Physiology on Monday for the discovery of the Hepatitis C virus.

■ The medicine prize carried particular significance this year due to the coronavirus pandemic, which has highlighted the importance that medical research has for societies and economies around the world ■ The award is among the first of the six prizes being announced through Oct 12. The other prizes include outstanding work in the fields of physics, chemistry, literature, peace and economics

DID YOU KNOW? The World Health Organisation estimates that there are over 70 million cases of hepatitis worldwide and 400,000 deaths due to this disease each year

NEWS IN BRIEF CLIMATE CHANGE RESPONSIBLE FOR RECORD SEA TEMPERATURE LEVELS: STUDY

Researchers have found that global warming is driving an unprecedented rise in sea temperatures, including in the Mediterranean sea. The Ocean State Report has revealed an overall trend globally of surface warming based on the evidence from 1993 to 2018, with the largest rise in the Arctic Ocean.



According to researchers, European seas experienced record high temperatures in 2018, a phenomenon, which the researchers attribute to extreme weather conditions – a marine heatwave lasting several months
In the same year, a large mass of warm water occurred in the northeast Pacific Ocean, according to the report. This was similar to a marine heatwave, dubbed 'the Blob', which was first detected in 2013 and had devastating effects on marine life
The report also identified other major strains on the world's seas and oceans due to climate change, including acidification caused by carbon dioxide uptake from the atmosphere, sea-level rise, loss of oxygen, and sea ice retreat



A statue of Harry Potter, flying a Nimbus 2000 broom over the Hogwarts Quidditch pitch, was unveiled recently in London's Leicester Square. The bronze statue, which shows Potter, played by Daniel Radcliffe, is just a few steps away from where the film, 'Harry Potter and the Philosopher's Stone' had its world film premiere in November 2001

Potter joins other film icons, including Laurel & Hardy, Mary Poppins, Mr. Bean and Paddington as part of 'Scenes in the Square', an interactive film trail in Leicester Square

A Taj Mahal made of matchsticks!

A 22-year-old woman has created an image of the iconic Taj Mahal using over 3 lakh matchsticks. Saheli Pal from West Bengal made the image on a 6 feet by 4 feet board. An MA English student from the Calcutta University, Saheli is seeking to break a world record with her artwork. A video of her artwork has been made and will be sent to the Guinness World Records soon.

In 2018, Saheli had set a world record by making the smallest clay sculpture of the face of Goddess Durga. The sculpture measured 2.54 centimetres by 1.93 centimetres by 0.76 centimetres, and weighed 2.3 gram



UNIQUE FEAT
Iran's Meysam Rahmani holds the Guinness World record for making UNESCO's logo, using 1,36,951 matchsticks in 2013

WE HAVE TO RAISE BETTER SONS: AYUSHMANN KHURRANA

Actor Ayushmann Khurana, who has been roped in by UNICEF India as a celebrity advocate for their global campaign, 'End Violence Against Children', said, he is committed to bringing the much-needed attention to this priority issue. Brutality against minors is unacceptable but preventable, he added.

CELEB TALK Violence against children is pervasive, but how often do we hear about it being reported or discussed? I will be drawing attention to this issue, making violence against children visible. We need more and more people acknowledging that violence happens, taking steps to end violence as well as to report it
Ayushmann Khurana, actor



SMARTPHONE REVEALS HOW SPIRITUAL TEXTS can promote well-being

Smartphones not only reveal your screen time, chat history or gaming preferences but are a useful tool to find a link between individuals' daily spiritual experiences and overall well-being, say researchers.



While studies have found such a connection between spirituality and positive emotions, the new study is significant because frequent texting over smartphones made it easier to capture respondents' moment-to-moment spiritual experiences over 14 days rather than only one or two points in time

The findings suggest that stable, consistent spiritual experiences as well as short-term periodic ones serve as resources to promote human flourishing and help individuals cope with stressful conditions

TECHTONIC

HOW TO HAVE A DISAGREEMENT LIKE AN ADULT

According to **DEEPAK CHOPRA**



STEP 1: Choose if you even want to engage

It's useless to engage in certain debates. It's highly unlikely that you are going to change someone's mind if they still refuse to wear a face mask this far into 2020, for example. There are simply some confrontations that are not worth it. When these pop up, Chopra's strategy is to walk in a different direction: "That's it." And as far as when to call it, he said: "There is no general rule to follow except this: Walk away any time you detect an impasse. Anything else is futile."

STEP 2: OK, you've decided to engage. ... So first, listen

If you don't start with an open ear, you've lost your opponent. The key is to listen to the other person enough to get to know them in an authentic way – at least a little bit. "If you're not aware of what is going on in their mind, in their life, in their relationships, in their personal experience of everyday reality, where is the solution?" Chopra said. "You're just going to attack them."

Listening also allows you, and the other person, to cool down.

STEP 3: Learn about the other person's values.

The simplest way to learn about someone else is to ask about what is meaningful to them. Chopra has used the following strategy whenever he has been enlisted to resolve conflicts, even among his highest profile clientele: "I tell them to go out and have Chinese food together and talk about their mother or their father or their teenage years," he said. "Something that shows you that you are a regular human being and that you can be also vulnerable." He said that expressing your vulnerability is a sign of strength. **This is the best way to understand a person's values, which Chopra defines as core beliefs. "They pertain not to politics, religion or money. They fit the description 'Speak your truth,'"** he said. "Find your truth before you spout off."

STEP 4: Try awareness and a pause.

Now that you have listened to the other person (and maybe even understand them more), you might be angry. When a person is feeling challenged, Chopra said a natural reac-



Deepak Chopra, the wellness and meditation star who has served as a spiritual adviser to Lady Gaga and is friends with the Dalai Lama, defines a disagreement as "a clash of egos." In order to appropriately engage in a disagreement, then, the point cannot be to win it or change another's opinion — "otherwise, they devolve into stubborn, angry arguments," Chopra said. Instead, "disagreements exist as a place to start negotiating." Over his career, the New Age celebrity and author of 91 books has clashed with scientists and doctors for championing alternatives to medicine and for statements that contradict accepted re-

search. tion is "fight-flight-freeze" mode. This reaction immediately makes it impossible to be calm and calculated. Another common impulse is the reactive response, or as Chopra calls it, "the ego response." This, he said, is something we learn at a young age. But there are far more productive approaches. Chopra said to tackle a disagreement with "insight, intuition, inspiration, creativity, vision, higher purpose or authenticity integrity." This, he said, means moving past flight-flight-freeze and taming the ego enough to advance to other options.

STEP 5: Don't engage in black-and-white thinking

Chopra quoted George W Bush — "You're either with us or against us" — to illustrate a belligerent approach to disagreement (and said this type of behaviour is what he often sees world's leaders engage in). "It's like a schoolboy bully in fourth grade," he said. And you should refrain from

it. To further his point, he highlighted a statement by Nelson Mandela: "Having a grievance or resentment is like drinking poison and hoping it will kill the enemy."

STEP 6: When confronted, stop, take a deep breath

"Ask yourself, 'Am I going to be nasty? Am I going to be reactive? Or is there a creative solution to this?'" Chopra said. If someone were to attack him verbally, Chopra said he might respond with: "I'd like to hear your point of view. I also acknowledge that you are personally insulting me right now. I don't give permission to myself to be insulted. So thank you for insulting me. But now let's declare our values and our action plan for those values and get the personalities out of the way altogether." He advises cultivating mindfulness to be better at "noticing the instant before you get angry, and then letting the impulse die away before it gains any more energy." **If someone is attacking you, it is also OK to walk away. "Why not? Bullies need**

STEP 7: Don't try to prove them wrong.

Chopra said you can slap another person — figuratively — and they might forgive you, but if you prove them wrong, they'll never forgive you. Then, nobody has "won" the argument, he said. **The point of disagreeing is not to "win," but to start negotiating. People who are angry or upset believe they have been wronged in some way. "Recognize that your adversary, either consciously or unconsciously, feels a sense of injustice, no matter who they are,"** Chopra said. You could say: "I recognize that you feel that this is not a just solution for you. Tell me why."

STEP 8: Be prepared to forgive.

You might not think the other person in a disagreement deserves forgiveness, but consider it for the sake of your own peace.

STEP 9: Make a (gentle) joke.

In Chopra's mind, the world would be a happier place if everyone made a point of laughing more. (For him, this means going on YouTube and watching "Candid Camera" or putting on a Charlie Chaplin film.) **It's OK to bring humour into a tense conversation as long as it isn't cruel or demeaning.**

Make Nutella at home

Nutella is one such edible item that we all love. Be it waffles, crepes, pancakes or even paratha, a bit of Nutella on it works like magic. But if you have been avoiding store-bought Nutella or are looking for a healthy variant of the same, make sure you give this homemade alternative a shot. Here's the recipe:

Ingredients: Coconut oil, almond milk, vanilla essence, hazelnuts, cocoa powder, soaked dates, salt to taste and maple syrup.

How to make: In your blender, add the hazelnuts and mix to make nut butter. Keep folding the mixture and blending until it becomes a smooth paste. Once you achieve the required consistency, add de-seeded, soaked dates, along with vanilla essence and coconut oil. Mix well. To this, add cocoa powder and maple syrup. Mix nicely and add almond milk. Blend again and transfer it into a glass jar. Store it in a cool, dry and place. Make sure you consume it within 15-20 days.

LOCKDOWN DIY



Chia vs Basil seeds



What is the difference and which one is better for weight loss?



Chia and sabja seeds (basil seeds) are two popular foods for the weight watchers. Both are extremely nutritious and are known for their amazing health benefits. They are loaded with nutrients that can help to boost immunity and promote weight loss.

Many people believe that chia and sabja seeds are the same because of their similar appearance. But when you will be able to see the difference. In this article, we will try to find out the difference in their nutrient content and determine which one is better for weight loss.

Nutrient content in Chia seeds

Chia seeds are low in calories and are gluten-free. You can either have chia pudding or add the seeds in your bowl of salad and smoothie and enjoy the benefits of this nutrient-dense food. In weight chia seeds contain 6 per cent water, 46 per cent carbohydrates, 34 per cent fat, and 19 per cent protein. 28 grams of seeds contain 138 calories.

The tiny seeds are loaded with antioxidants that can prevent our body from the damage caused by free radicals. Chia seeds are considered good for health as they are a source of high quality of protein and most of the carb content in them is fibre. The fibre keeps you fuller for a longer time. Also, the protein could help reduce appetite and food intake.

100 grams of CHIA seeds have:

- ▶ Calories: 486
- ▶ Protein: 16.5 grams
- ▶ Carbs: 42.1 grams
- ▶ Fat: 30.7 grams
- ▶ Omega-3: 17.83 grams
- ▶ Omega-6: 5.84 grams

13 grams of basil seeds contain 13 grams:

- ▶ Calories: 60
- ▶ Protein: 2 grams
- ▶ Carbs: 7 grams
- ▶ Fat: 2.5 grams
- ▶ Omega-3: 1220 mg

Nutrient content in basil seeds

Chia and basil seeds contain the same amount of calories. You can soak sabja seeds in water and drink it. They have a mild basil flavour so you can add in all kinds of drinks for a refreshing taste or can sprinkle some on top of your smoothie.

How to have them

You can either soak chia seeds or can have them raw. Chia seeds have no taste of their own. So you can add them to any dish. They take 30-40 minutes to absorb the water. On the other hand, basil seeds absorb the water instantly and cannot be consumed raw.

Which one is better for weight loss

The nutrition content of chia and basil seeds is more or less the same. Both are nutritious and healthy. They increase satiety and prevent you from indulging in unhealthy foods. There is a lot of evidence that proves that eating chia seeds can be beneficial when trying to shed kilos, but when it comes to basil seeds that are limited studies. You can include both in your diet for better results. However, remember that weight loss is a byproduct of eating healthy and exercising.

KNOWLEDGE BANK (Technology)

Augmented Reality

This an interactive experience of a real-world environment where the real objects are enhanced by computer-generated perceptual information, be it visual, auditory, olfactory, haptic or somatosensory. It could be additive to natural environment (constructive) or mask it (destructive). AR changes one's perception of a real-world environment while virtual reality replaces the user's real-world environs with a simulated one.



WORD WISE

Blandishment: (n) Often blandishments, something, as an action or speech, that tends to flatter, coax, entice, etc.

Synonymous words: adulation, allurements, blarney, coaxing, praise, enticement, fawning, sweet talk, sweet words, etc

Examples: ■ Our blandishments left him unmoved. ■ We succumbed to the blandishments of tropical living. ■ Every blandishment was used to soothe him.

QUIZ TIME (MIXED BAG)

Q.1) Who is the author of "War and Diplomacy in Kashmir"?

- A. G Parthasarathy B. Sir Own Dixon
C. C Dasgupta D. Kuldeep Nayar

Q.2) Mozart had written his first symphony at the age of?

- A. 8 years B. 10 years C. 12 years D. 5 years

Q.3) Who is the author of the book "Conquest of Happiness"?

- A. Thomas Hardy B. Aldous Huxley
C. Bertrand Russell
D. George Bernard Shaw

Q.4) Who wrote "Sarfarooshi Ki Tamanna Ab Hamare Dii Mein Hain"?

- A. Mohammed Iqbal B. Ram Prasad Bismil
C. Kazi Nazrul Islam D. Firaq Gorakhpuri



DAL LAKE, SRINAGAR

ANSWERS

1. (C) C Dasgupta, 2. (A) 8 years, 3. (C) Bertrand Russell, 4. (D) Ram Prasad Bismil

Times NIE Editorial Powered by students

In The DEEP BLUE

Learn about remaining endangered species and the challenges they face in today's world

Click here to view the article online



By ADITYA KAUSHAL, batch of 2020, Ekya Schools, Bengaluru



We live in a world where speed and efficiency is everything; fast-paced development, increasing manufacturing requirements and growing networks both physical and digital spanning the entire globe. Human beings have transformed their environment faster than any other species. That has resulted in us changing the face of the entire planet and not always for the better. We have already eradicated many species, either as a direct consequence of our actions or through a chain of compounding problems starting with us.

Through my series of articles, we'll learn about some of the few remaining endangered species left, and the challenges they face in today's world.

Whale of a concept

We have all perhaps had our first encounter with this magnificent species at an early age – through pictures in our science or general knowledge books, or through television cartoons, but few of us know more about them than the statement 'Largest mammals in the world'. Whales.

Apart from being the world's largest, they are also among the oldest living species on the planet – some scientists estimate their ancestral species (the species which they are closely related to) might even have been around at a time predating dinosaurs! The anatomy of whales is something of a mixed bag. Despite living in the cold, dark waters several metres below the surface, whales do not have gills. They have lungs, just like we do; they need oxygen. This is why whales will come up to the surface – to catch a whiff of the fresh air of the open sea they need to survive. This is also the time one can truly appreciate the size of a huge humpback whale.

Economic importance

As you can probably guess, whale-watching is an elusive tourist experience. Tourism agencies at various locations offer 'Whale watching' experiences – where one can get on a boat and catch a 'glimpse' of these beautiful creatures when they surface for air.

As such, the experience in the islands of Luzon, Philippines is unparalleled. The Philippines are home to a

nearby cousin of the Humpback whale – the Oslob Whale-Shark. These whales are relatively smaller than their cousins, but are known for their distinctive white spots throughout their body. Since they



these whales, they are very passive and friendly.

These whales, and especially the humpbacks, are of more economic importance than we realise. These whales consume plankton from the depths of the ocean, in the process they circulate vast amounts of water making sure vital dissolved gases like nitrogen are continually refreshed at the upper layers of the ocean. This abundance of nitrogen ensures that several other species of fish are sustained and have enough nutrients to eat and thrive. Further, they also bring up some of the phytoplankton to the top of the surface. These phytoplankton now see the light of the sun, can photosynthesize, and produce over 15% of the oxygen present in the atmosphere at any given time. Oxygen, that we breathe. Oxygen, that sustains us.

swim closer to the surface, at Philippines, one can interact with them a little more closely. Tourists can snorkel or scuba dive with

WALKING THE TALK

The Hunter Games

However, with the advent of a growing economy and demand for fisheries – people have been hunting and killing these very whales for their massive amounts of fats and oils which are used in making soaps and industry reagents. They are also hunted for their meat

and bones. Whale hunting has been practiced for centuries, but never at this rate. In the 1900's, poachers in Iceland killed the largest blue whale known to ever exist. It was said to be a rare hybrid, one that has not been seen ever in recorded history. Iceland and the Faroe Islands are still

one of the only countries in the WORLD that refuses to end their whale hunting policy – instead they annually celebrate their whale hunting festival (I am not joking, this is a thing, look it up). Since 1986, Icelandic poachers have killed over 30,000 whales of all sub-species.



In 2017, the ocean turned red.

It was only in May 2020, in wake of the Covid-19 pandemic and increasing awareness among consumers that demand for whale meat in Japan went down.

In May, the Icelandic government announced it would not hold its whale hunting festival for at least one year; a small win for the environment and one step closer to a permanent ban. People are beginning to prefer watching them annually, rather than hunt. It is people like us, people like you and me that can make a difference. The whale population is still critically endangered, but is beginning to make a comeback. It is up to us to ensure they have a chance at survival. It is up to us to be aware and to stop wrongs. Being aware can make all the difference, just like the consumers in Japan.

By being aware, somewhere deep within the ocean, you will have saved a life. You will have saved a species.



Letters to the author can be sent on timesnie175@gmail.com under the subject: Letter for Aditya. If you want to 'walk the talk', pick a relevant topic and write to us!

Should we not look at new options for real heroes?

The conversation around nepotism and substance abuse is woefully myopic. Bollywood also reflects the fissures of the society it inhabits, naturally.

Celebrities aren't heroes and reel isn't real. It's time to challenge this notion.

ASISH SINGH, CLASS XII, ST AUGUSTINE'S DAY SCHOOL BARRACKPORE, WEST BENGAL



Bollywood is under constant fire - from nepotism to substance abuse - so is it a good time to focus on 'real heroes'? Our students tell you more...

IN THE DOCKYARD

Many of our favourite actors have become victims of hate... either rightfully, or wrongly, is not yet known to us. Perhaps it's time to make people like authors, musicians, activists, our idols. They play a crucial role in this world, and are more deserving.

PIA OZA, CLASS IX, SSPM'S SRI SRI RAVI SHANKAR VIDYA MANDIR (BORIVALI EAST)



A true 'Hero' is the one who works for others selflessly. It is time we show our gratitude to each of those sanitation workers, doctors, teachers who have been working round the clock in hard times. No denying that among the reel-life entertainers too exist a few real 'heroes'.

AKSHAY SINGH, CLASS XII, SADHU VASWANI INTERNATIONAL SCHOOL, PUNE



It is unfair to discredit entire Bollywood just because few celebrities have been accused of substance abuse. We have to remember that Bollywood is an entertainment industry, and is also one of the most impactful media for communicating with the masses.

AVNI DEV PHARASI, CLASS VIII, DOON INTERNATIONAL SCHOOL, DEHRADUN



Heroes have always been around us and amidst us, it's just that we have been failing to take note. Now with Bollywood actors failing us as role models, let's take a look - new heroes could be women fighter pilots, ISRO scientists who we don't know much about, our school principals and so on.

ANUPAMA SHARMA, CLASS XII, INDUS VALLEY PUBLIC SCHOOL, NOIDA



Bollywood actors are not real life heroes. They're regular people like you and me with a job. It's unfair to label them as such. The real heroes emerged this year in the form of doctors, nurses, sanitation workers, ambulance drivers, etc.

CHARVIE JOANNA, CLASS X, VIDYODAYA MATRICULATION ACADEMY, CHENNAI



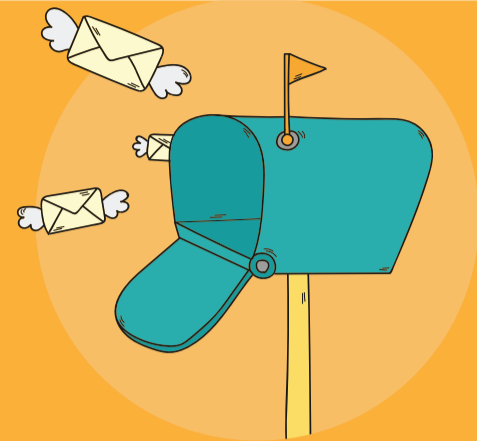
It is very crucial in today's time to generate inspiration from real life heroes. As the world faces a pandemic and climate crises, it's essential to find real-life heroes like Nelson Mandela, Greta Thunberg and others who have worked towards the benefit of the world.

HUNAR, CLASS XII, CARMEL CONVENT SCHOOL, CHANDIGARH



People take inspiration from leaders and stars but one should never forget that they too are human beings. They are no different from us. They just lead a different life. Reel or real heroes, both make mistakes since no one is perfect.

ZANKHNA PATHAN, CLASS XII, MAHARAJA AGRASEN VIDYALAYA, AHMEDABAD



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WWW.TOISTUDENT.COM

WE ARE WAITING

Big Q

Is safety for women a distant dream?

In India, crimes against girls/women are at an all-time high. As I write this, there has been an exponential rise of about 64%. Although some women activists have relentlessly worked towards empowerment of women, the crime against the fairer sex is on an upward spiral. As a society, we should all begin by asking tough questions. Why is safety of the girl child still such a distant dream? Why are the laws against such heinous crimes not strict? Why have we turned a blind eye towards skewed population ratio in some cities of the country? Why is girl child education still not given importance?

Let us all be responsible citizens and direct our angst to the right issues. Rather than teach our children about good touch and bad touch, how about telling them 'Just Don't Touch!' Or let us start by teaching our kids the importance of consent.

SR DHIVYA, class X, Sri Ramakrishna Matric Hr Sec School, Coimbatore



Is the treatment to RTE unconstitutional?

Some petitioners claim that Gujarat Government is hiding the actual numbers of RTE (Right to Education) in the school. Petitioners have approached Supreme Court to get help.

They also claim that RTE figures are misleading on school portal. Some schools restrict taking RTE students in the school which is against the fundamental rights that states – "Every child below the age of 14 years has the right to education and studies." Most school nowadays, are shying away from giving admission to students from the RTE quota. Why are they allowed to manipulate data and get away by doing this which is not in compliance of the law?

RIYA KOTHARI, class VIII, Udgam School for Children, Ahmedabad



Is current news really NEWS these days?

I would be lying if I said I haven't been following all the Bollywood drama but at some point, even I stopped. Because if you're sensible enough then you ought to stop due to the irrelevance of the subject that has become big national news. I agree that the death of SSR needs to be scrutinised but that is not the only unfair thing happening in our country. The main idea of journalism is to make people aware of affairs that are happening behind closed doors. The media HAS to be rational and not take sides. In the past few weeks, we've had the law passed against farmer's benefit. We've had a teenage girl brutally abused, she died, and her parents weren't even allowed to perform her last rites. Now, if we deal with this kind of inhumane behaviour as much as we did with the SSR issue, our people would have felt a little more secure.



MANMEET BEDI, PG student in Book Publishing

Whatever one says about IPL T20 being a batters' paradise, some bowlers still have made a deep impact in the tournament with their scorching pace and accuracy. We track some of these speed guns and their envious records

Fearsome, Fastest on the PROWL

ANRICH NORTJE (DC)

Fastest Ball

149.70
kph

- ★ Matches- 4
- ★ Wickets- 5
- ★ Best

figures-3/33 This is his maiden IPL season for Delhi Capitals. From the start, he has made deep inroads with his scorching pace. He keeps clocking around 150 kph with the ball. Last year he was contracted by KKR but could not play due to a shoulder injury. This time, he is set to prove his mettle as a fast bowler.

- ★ Matches- 4
- ★ Wickets- 3
- ★ Best figures-2/25

Saini was bought by Royal Challengers Bangalore for tag of ₹3 crore. His scorching pace gave him death bowling responsibilities. Among Indians, he bowled the fastest delivery at 147.92 kph. His terrific yorkers helped his team to victory in the Super Over against MI on Sept 29.

NAVDEEP SAINI (RCB)

Fastest Ball

147.92
kph

JOFRA ARCHER (RR)

Fastest Ball

152.13
kph

- ★ Matches-4
- ★ Wickets- 8
- ★ Best figures-2/18

Definitely, he has been breathing fire with the ball. Rajasthan Royals bought him for a whopping ₹7.20 crore and he has not let them down. Rated as the most impactful player, the Caribbean flavour comes handy with the bat too. Archer has bowled the fastest ball of the season (152.13 kph) as he has bowled 16 among top 20 fastest deliveries.

- ★ Matches- 4
- ★ Wickets- 8
- ★ Best figures- 3/26

Rabada was responsible for enabling Delhi Capitals to reach the semifinals in the last IPL by taking 25 wickets. Commentator Harsha Bhogle was awestruck with his performance against KKR and Rajasthan Royals, where he consistently hit the deck hard. His strength lies in mixing deliveries along with deadly Yorkers. He is known as the 'King of Super Over'. His record in two Super Over record reads: nine balls bowled, nine runs given, and three wickets taken.

KAGISO RABADA (DC)

Fastest Ball

147.60
kph



I have enjoyed watching the quicks bowl this year. You don't always get to say that but Kagiso Rabada and Jofra Archer and Pat Cummins are getting us all excited again and see fast bowling not just respected again but even a bit feared.

Harsha Bhogle, cricket commentator

PAT CUMMINS (KKR)

Fastest Ball

151.70
kph

- ★ Matches-4
- ★ Wickets- 2
- ★ Best figures- 1/13

Cummins, who plays for KKR, is the most expensive buy of IPL 2020, at a whopping ₹15.50 crore. In a match against Sunrisers Hyderabad, he troubled both Rajasthan Royals openers Baird and Warner with his uncanny pace and is set to raise his game in coming matches. His effectiveness at death overs makes him a class bowler.

- ★ Matches-5
- ★ Wickets- 8
- ★ Best figures- 3/15

Shami is a complete bowler whose death bowling is nearly unplayable. Kings XI Punjab bought him for ₹4.8 crore. In 2019, he finished the season as Kings XI Punjab's highest wicket-taker with 19 scalps from as many as 14 games. The main reason for his success can be attributed to his steadfast pace hovering around 145 kph and his unique skill to move the ball, both old and new.

MOHAMMAD SHAMI (KXIP)

Fastest Ball

145.66
kph

We back our players way longer than possible: Fleming



Chennai Super Kings' "reticent" approach to change when faced with poor results has been the key to its success over the years, said head coach Stephen Fleming, citing veteran Australian all-rounder Shane Watson as a shining example of what the side has achieved. Watson finally came good with an unbeaten 83 off 53 balls in his fifth game as an opener, helping the three-time IPL champions record an emphatic 10-wicket win over Kings XI Punjab on Sunday after a hat-trick of defeats.

"I think it helps as players know they get more opportunities... We are reticent to changing the team, other than realising the areas that we are not happy with. Also you are not sure if that change will help or not. We try and improve and if players are doing the right thing we will back them, even longer than possible. Stephen Fleming, CSK head coach

Aston Villa crush champions Liverpool



A superb first-half hat-trick from Ollie Watkins helped Aston Villa to a stunning 7-2 victory over Liverpool in the Premier League to end the champions' 100% start to the season in extraordinary fashion.

ANOTHER SHOCKER
Spurs humiliate Man U with 6-1 win

Polish teen Swiatek sends top seed Halep packing

HIGHLIGHTS

Rafael Nadal blew away American qualifier Sebastian Korda 6-1, 6-1, 6-2 to enter quarters.

Austrian Thiem survived five-set thriller to overcome Hugo Gaston 6-4, 6-4, 5-7, 3-6, 6-3.

Argentine 12th seed Diego Schwartzman overwhelm Lorenzo Sonego 6-1, 6-3, 6-4 to reach quarters.



World No 2 Simona Halep, who came into the clash on a 17-match unbeaten streak, was knocked out in the 4th round by teenager Iga Swiatek.

TEST YOUR KNOWLEDGE

GRAMMAR QUIZ | Theme: Prepositions

Q1: The milk is _____ the refrigerator.
a) to b) of c) at d) in e) from

Q2: Never look directly _____ the sun. It is bad for your eyes.
a) to b) for c) through d) of e) at

Q3: I'm surprised because rain _____ was not _____ in the weather report.
a) prediction b) predicted c) predictable d) predictably e) predict

Q4: _____? There is just a little.
a) Is there any ice cream left? b) There's some ice cream left? c) Is there an ice cream left? d) Is there left any ice cream? e) Is there many ice cream left?

Q5: _____ are you having dinner with? I'm having dinner with Junko.
a) Who b) Where c) What d) How e) Why

Q6: Nitya frequently travels _____ Europe on business.
a) in b) to c) at

d) on e) into

Q7: _____ tired from working so much?
a) Are you b) She's c) Is d) You are e) Are she

Q8: How many days are there _____ in February? _____
a) There is 28. b) They are 28. c) In February, there are 28. d) Are only 28 days. e) There in February are 28 days.

Q9: I ran _____ Sanjay while I was in the library. I haven't seen him for ages.
a) on b) at c) in d) into e) on

Q10: The Olympic champion _____ dove _____ the swimming pool from ten meters high.
a) to b) into c) onto d) inside e) through

Q11: Sorry, I can't. I _____ my daughter to work at that time.
a) will be taking b) 'll take c) won't be take

Q12: At noon tomorrow, I _____ on a beach somewhere.
a) 'll be relaxing b) relax c) will being relax

Q13: We _____ at a fancy restaurant tonight. Vikas decided this yesterday.
a) eat b) are eating c) eats

Q14: _____ they coming over for dinner?
a) Is b) Are c) Am

ANSWERS: 1. D 2. E 3. B 4. A 5. A 6. B 7. A 8. C 9. D 10. B 11. A 12. A 13. B 14. B

