



# THE TIMES OF INDIA

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STUDENT EDITION



TUESDAY, JUNE 16, 2020

WEB EDITION

## FLASH BACK

# HISTORY OF SINO-INDIAN FEUDS

### NATHU LA CONFLICT (1967)

**1** Better known as the India-China war of 1967, the Nathu La conflict sent a strong message to China that the mistakes of 1962 won't be repeated. India landed a stern blow on the People's Liberation Army's (PLA) pride at the Nathu La post. In August 1967, when the Chinese troops infiltrated the Nathu La region, Indian troops asked the Chinese to withdraw from the Indian territory. However, repeated infiltrations, despite verbal warnings, led to a scuffle between two sides in September 1967. Though the Chinese went back to their own territory following dialogues, clashes erupted again. On Sept 11, the PLA launched an attack on Indian post at Nathu La. It lasted till Sept 15, 1967, resulting in a major setback for China, with the loss of 400 soldiers.



As India-China agree to initiate dialogue on the ongoing LAC conflict, a look back at times when China had to back down...

### CHO LA CONFLICT (1967)

**2** After the September humiliation at Nathu La, the Chinese shifted the action to the Cho La post. According to reports, the Chinese troops intruded into Cho La sector, situated near Nathu La, on October 1, 1967, claimed the region and raised questions on Indian Army's position there. Arguments soon turned into a fight. Although China eventually lost, 88 Indian Army personnel died and 163 were wounded in the conflict.

### ARUNACHAL BORDER STAND-OFF (1987)

**3** Arunachal Pradesh, one of the contentious issues between New Delhi and Beijing, was one of those incidents that almost took both the nations on the verge of war. When Arunachal Pradesh was granted statehood by India in late 1986, China protested. The Chinese troops reportedly crossed LAC, entered the Sumdorong Chu valley in Arunachal Pradesh, and started building helipads and permanent structures. The then Army Chief Gen K Sundarji launched Operation Falcon. The Indian army stood at the border eyeball-to-eyeball with Chinese troops until the PLA agreed to back off in 1987.

### DOKLAM (2017)

**4** The 72-day stand-off began in June 2017, when Chinese troops attempted to construct a road near the Doklam plateau, close to India's border. Indian troops stepped in to prevent the construction of the road in the territory, claimed by Bhutan as it lay close to an Indian highway. Following skirmishes at Doklam, India warned China that the road construction will have an impact on the status quo with serious security implications, and suggested that both sides pull back troops for any talks to take place. After 6 weeks of diplomatic talks, the two countries reached an agreement to pull back military personnel from the site.

## X-PLAINED

### COMMUNITY TRANSMISSION OF COVID-19

#### WHAT

The Indian Council of Medical Research (ICMR) has reiterated that there is no community transmission yet in the country. The term community spread is used when you do not know the source of the infection — you are unable to trace it back to someone who has travelled in an affected area overseas, or got it through contact with someone, who is infected.

#### HOW

It implies that the virus is now circulating in the community, and can infect people with no history — either of travel to affected areas, or of contact with the infected person. In a situation of community transmission, there is a risk of the spread of infection from every person, regardless of where they are from, or whether they have been in contact.

### SCIENTISTS DETECT WIDESPREAD STRUCTURES NEAR EARTH'S CORE

**A**nalysing thousands of recordings of seismic waves, or sound waves travelling through the Earth, scientists have detected widespread, heterogeneous structures—areas of unusually dense, hot rock—at the core-mantle boundary than previously known. The new research provides the first comprehensive view of the core-mantle boundary over a wide area with such detailed resolution. The researchers focused on echoes of seismic waves travelling beneath the Pacific Ocean basin.

■ The analysis revealed a previously unknown structure beneath the volcanic Marquesas Islands in the South Pacific and showed that the structure beneath the Hawaiian Islands is much larger than previously known. ■ It also revealed a few surprises in the structure of the core-mantle boundary. ■ Scientists found that the large patch of very dense, hot material at the core-mantle boundary beneath Hawaii produced uniquely loud echoes, indicating that it is even larger than previous estimates. ■ Better understanding of the shape of the structures at the core-mantle boundary can help reveal the geologic processes happening deep inside the Earth.

#### UNRAVELLED

## LEARN VIDEO EDITING



**1 LARRY JORDAN:** Larry Jordan's website is an epic resource for anyone interested in video editing, and various other skills that aid in the filmmaking process as a whole. He has over 1,690+ free tutorials for video editors on his blog! You can learn about Premiere Pro, Final Cut Pro, Adobe Audition, and many other top programmes. Larry also features a lot of specific articles for troubleshooting common (and not so common) problems in these programmes **WHERE?** <https://larryjordan.com/>

**2 JOHN ELWYN:** Jonny Elwyn is a freelance film editor working in London, UK. His website also has a wealth of free resources and articles for people interested in learning video editing. You can find a lot of useful coverage on Davinci Resolve and Speedgrade on Jonny's website along with some awesome freebie round-ups too. **WHERE?** <https://jonnyelwyn.co.uk/>

**3 VIDEO COPILOT:** Andrew Kramer started Video Copilot at the age of 20 in his spare time while freelancing. What began as a few 'After Effects' tutorials quickly grew to a massive collection of plug-ins, resources, and tutorials that are widely used by the visual effects community. Andrew's tutorials are fun and easy to follow for video editors of any stage. You can search for advanced tutorials, if you are looking to learn more complex skills, or you can start with the basics to get your bearings. **WHERE?** <https://www.videocopilot.net/tutorials/>

**4 RED GIANT TUTORIALS:** Red Giant produces filmmaking and motion graphics software. Some of their products, include the Trapcode Suite, Magic Bullet Suite, and Keying Suite. These are used for motion graphics/special effects, colour grading and film finishing, and chroma keying/compositing. On the Red Giant Tutorials blog, you can find hundreds of tutorials, behind the scenes videos, and category specific lessons/techniques. **WHERE?** <https://www.redgiant.com/tutorials/>

### INDIA CAN'T HANDLE PRESSURE IN CRUCIAL GAMES: GAMBHIR

**F**ormer opener Gautam Gambhir feels that Indian players lack "mental toughness" to handle pressure in crunch situations. Talking on a chat show, 'Cricket Connected', Gambhir said, "What sets you apart from being a good player to being a very very good player in a team squad is what you do on crucial games, like the World Cup." I think we have not

been able to handle the pressure properly, probably other teams have been able to handle it better than our team, he added. "After playing really well in the league stage and then losing out in the semi-final or knock out and final reflects the mental tenacity as well," the former batsman said, adding that the team management should work more on the players' mental toughness.

"We can keep talking that we've got everything... we have the ability to be the world champions, but till the time you prove it on the cricket field at crucial junctures, you will never be called the world champions"



#### REALITY CHECK

India won the ODI World Cup twice in 1983 and 2011 but have been knocked out in the semi-final stage in four editions, including the last two editions in 2015 and 2019. In T20 World Cups, India had triumphed in the inaugural edition in 2007 and reached the finals in 2014

Share your views at [toinie175@gmail.com](mailto:toinie175@gmail.com) /[timesnie175@gmail.com](mailto:timesnie175@gmail.com)

## NEWS IN BRIEF

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### WEARING MASKS CAN HALT SPREAD OF VIRUS: STUDY

**M**asks have emerged as the most important non-pharmaceutical intervention in containing the spread of Covid-19, along with physical distancing and hand washing. **Even 75% mask adherence in a population can lower Covid-19's reproduction number to less than 1, without resorting to lockdowns, studies showed.** "If widespread facemask use by the public is combined with physical distancing and some lockdown, it may offer an acceptable way of managing the pandemic and reopening economic activity long before there is a working vaccine," said researchers of the study. The study was based on the theory that the coronavirus can be transmitted through airborne droplets when talking, coughing or sneezing. The researchers found that when people wear masks in public, it is twice as effective at reducing the R number than if masks are worn after symptoms appear.

**Reproduction number, or the R number, is the number of people that an infected person can pass the virus on to. A figure of less than 1 is needed to slow the spread of the disease**

#### BREAKTHROUGH

### EACH FILM PROJECT IS A CHALLENGE: AMITABH BACHCHAN

**F**or Amitabh Bachchan, each project comes with its own challenges and his latest, 'Gulabo Sitabo', was no less. While talking about the film, the actor said, "Yes (there was) the prosthetic make-up routine each day for four to five hours and its discomfort, the posture of the old Mirza (his character in the film), and the extraneous weather of the summer of May. But if you wish to call yourself a professional, then it all comes with the territory, and you damn well accept and enjoy it," he added.

#### ENTERTAINMENT

In 'Gulabo Sitabo', scripted by Juhi Chaturvedi, the actor plays Mirza, landlord of an old dilapidated 'haveli' in the heart of Lucknow, named Fatima Mahal, while Ayushmann Khurrana is his shrewd tenant, Baankey. Their situation is akin to that of Tom and Jerry, with witty banter, adding to the quirk factor of the script



### TOURISTS RETURN AS EUROPE EXITS LOCKDOWN



Tourists took gondola ride on the Grand Canal in Venice and visited other tourist spots as life limped back to normalcy post lockdown in Europe



## How to take care of our environment in small ways

[nitya.shukla@timesgroup.com](mailto:nitya.shukla@timesgroup.com)

#### KEEP A FOLDAWAY BAG WHILE GOING OUT

Statistics say that by 2050 there could be more plastic by weight than fish in our seas. Moreover, scientists estimate that around 8 million metric tons of plastic ends up in our oceans each year. These numbers alone should convince you to stop using single-use plastic bags. So, invest in a reusable, foldaway shopping bag, and ask your family to do the same.



#### READ ABOUT BEES

Their numbers are depleting rapidly due to drought, habitat destruction, air pollution, global warming, intensification of farming and increased use of pesticides. As pollinators, bees play a huge role

in every aspect of the eco-system, and are vital to our biodiversity. So, educate yourself.

#### ATTEND EARTH SCHOOL

Initiated by the United Nations Environment Programme (UNEP) and TedEd, the Earth school helps you to learn all environment-related subjects, including animals, global warming and underwater farming. The best way to protect our biodiversity is to learn about it as much as we can.



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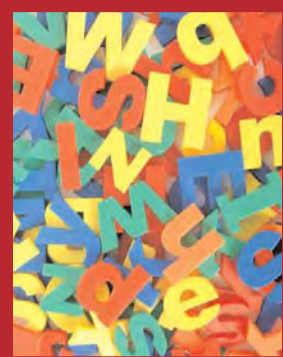
QUIZ



MIND TEASERS



FUN WITH RIDDLES



JUMBLD WORDS...

Find out who tops the chart every day! It could be YOU!!!!

FROM THE EDUCATOR'S DESK

Life's lighthouse

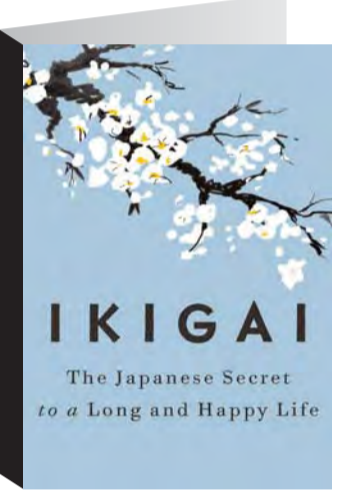
A BOOK REVIEW OF 'IKIGAI...'

Ikigai is an attribute that can create meaning and happiness in life. I recently read this inspiring book 'Ikigai: The Japanese secret to a long and happy life' authored by Hector Garcia and Francesc Miralles. The book gives you a reason to get out of bed each morning. It touches various aspects of life. In today's materialistic world where people lead a hectic and stressful life, you can say that it is very difficult to find your Ikigai. We are so distracted, that we lack energy and enthusiasm. As a result, we forget to take out time to draw happiness from small things. All this can change if we unearth and follow our IKIGAI.

Here are few inspiring takeaways from this book.

- We don't create the purpose of our life, we discover it.
- Live in the present and surround yourself with good company.
- Relax, take it slow, and don't worry. Life is a marathon, not a hundred-meter sprint.
- Eat and sleep well. Workout daily.
- Keep your mind and body busy.
- Be optimistic, smile a lot.
- Effort is important, not the result.
- Celebrate little things.
- Cherish the imperfection of life.

- Be grateful and have resilience.
  - Reconnect with nature to recharge your batteries.
- This book is recommended to all those who are in search of happiness.
- Radhika Mamtani, Educator, Anand Niketan Satellite



WORD WISE

**Accretion:** (n) An increase by natural growth or by gradual external addition; growth in size or extent – or, the result of this process. An added part; addition.

**Synonymous words:** accumulation, accession, increase, augmentation, increment, raise, rise, build-up etc.

- Examples:**
- The last part of the legend is a later **accretion**.
  - The powerful forces of gravity and magnetism channel matter into huge flattened spinning platters known as **accretion disks**.
  - The direction of polarisation for a quasar is determined by the **accretion disk** surrounding it.

MENTAL WELLNESS

'Never disregard or belittle depression, it's a serious illness'

Dr Harish Shetty a Mumbai-based psychiatrist discusses the nuances of clinical depression and more with Sugandha Indulkar

which needs medical treatment like any other illness  
■ Yoga, exercise, meditation, healthy dietary intake, etc

along with prescribed medicine will go a long way.

**Why do people want to conceal their state of mind?**

**LOOK FORWARD:** Our Mental Wellness special page tomorrow! Watch this space for more interviews, articles and activities. If you have a query regarding mental health send it to us at [timesnie175@gmail.com](mailto:timesnie175@gmail.com)

No one should try to hide illness – either physical or mental. Accept the situation and overcome it – take help if necessary. Amitabh Bachchan, Deepika Padukone, Shahrukh Khan, Anushka Sharma, Varun Dhawan, are some of the leading actors who have accepted that they suffered from depression and sought medical assistance to overcome their problem.

**What about teenage depression?**

Depression sets in when an individual is unable to cope with stress in his or her life. This condition is regardless of age and gender. When one gets frustrated, feels helpless, or bogged down by the happenings in one's life – one may show signs of depression. Clinically, we look for symptoms, aloofness, mood swings, etc. Medicines treat the symptoms, in order to eliminate the cause – alert caregiving, yoga, meditation and all aforementioned measures need to be adopted. Sometimes, the cause cannot be eliminated – so treat the symptoms at least with adequate medicines.

**What are the foremost precautions that need to be taken by caregivers of a patient suffering from depression?**

- Never disregard or belittle depression – the sufferer is not trying to attract attention. S/he is truly suffering and caregivers must take adequate training about the kind of care that such patients need.
- Never 'lecture' about being 'strong' or 'positive'
  - Never give examples of winners or super achievers - because such patients cannot relate to such examples...
  - With care, patience and total dedication towards such patients they can overcome the illness
  - Depression is an illness – a disorder



Quiz time

GENERAL KNOWLEDGE

- Q.1) Which guided rocket system was recently launched for Odisha coast?**  
A. Agni B. Pinaka  
C. Akash D. Naag
- Q.2) Which IIT institute will start 'Vastu Shastra' classes for architecture students?**  
A. IIT Kharagpur  
B. IIT Delhi

- C. IIT Mumbai  
D. IIT Madras
- Q.3) When is International Holocaust Remembrance Day observed?**  
A. January 5  
B. January 10  
C. January 27  
D. January 29

ANSWERS

1. B) Pinaka 2. A) IIT Kharagpur 3. C) January 27



The German government and regional leaders have agreed on a plan to phase out coal-fired power stations by 2038.

Just June!

SURYAKUMARI DENNISON, Teacher, Aavishkar Academy

How well do you know the sixth month of the year? Answer each of these questions, by choosing correctly from the four options.



- From whom does the month of June derive its name?  
A. Chinese Empress B. English Duchess  
C. Greek Princess D. Roman Goddess
- Which month, apart from June, always ends on the same day of the week?  
A. November B. September C. March D. February
- Since which year has International Yoga Day been celebrated annually, on June 21?  
A. 2011 B. 2013 C. 2015 D. 2017
- What is the Zodiac sign for the latter and shorter part of June?  
A. Cancer B. Leo C. Pisces D. Taurus
- Whom do we traditionally honour on the third Sunday in June?  
A. Mothers B. Fathers C. Sisters D. Brothers

ANSWERS

1) D. Roman Goddess, 2) C. March, 3) C. 2015, 4) A. Cancer, 5) B. Fathers

COMMON GRAMMATICAL MISTAKES

1. BASE/BASS

THE RULES:

- "Base" means the bottom support of anything; that on which a thing stands or rests.
- "Bass" means low in pitch; of the lowest pitch or range.

HOW NOT TO DO IT:

- The business had a good **bass**.
- Adjust the **base** properly.

HOW TO DO IT PROPERLY:

- The business had a good **base**.
- Adjust the **base** properly.
- The cupboard had a strong **base**.
- The system did not have a good **bass**.

SCHOOL IS COOL

LOCKDOWN: Boon and Bane

Coronavirus disease (COVID19) is an infectious disease by a new virus. The number of deaths across the globe has risen above 45000. The worst-hit countries have been the USA and Italy. In India we have 1965 confirmed cases and 50 deaths. The challenges faced by the Indian government are to track down people who have been affected by the virus, to create awareness among the people and most importantly to identify the hotspots. The fear is that if this becomes an epidemic then India does not have enough hospital beds and ventilators to cure the infected. Lockdown has been the only solution to break this chain. Due to lockdown, there has been an economic slowdown. The daily wage earners have been hard hit since most of the shops, restaurants, hotels factories, shopping complex have closed down. Industries such as tourism, airlines, hotels have

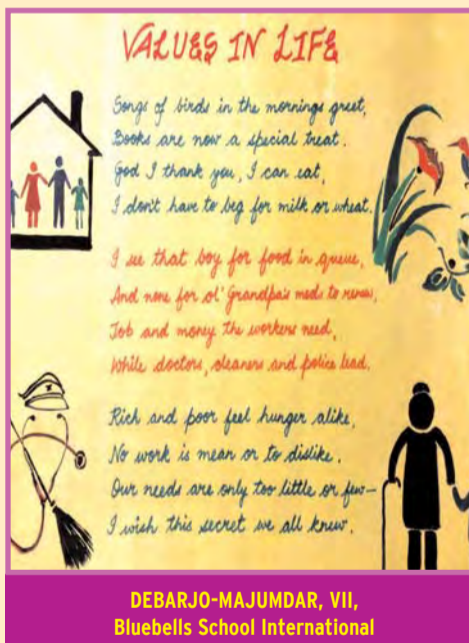
been worst affected. The supplies of the essential items have been limited since the factories are not operating. The virus has brought chaos to lives and economies but the positive effects of this are due to very less traffic on roads the pollution levels have decreased and the air is again coming back to satisfactory levels. There has been a reduction in noise levels. People have learned valuable lessons such as how we can survive with limited resources, spending time together. We need to lead a simple living and how much hygiene is important to us. Where we see that the earth is healing on one side, on the other side we also see a slowdown of economies, a lot of suffering and loss of loved ones. We need to take precautions as advised by the experts and together we should fight to eradicate this virus.

Mehul Verma XII, Manav Sthali School, Rajinder Nagar

STUDENT CONTRIBUTION



HIMANSHI VAID, IX, Manav Sthali School, Rajinder Nagar



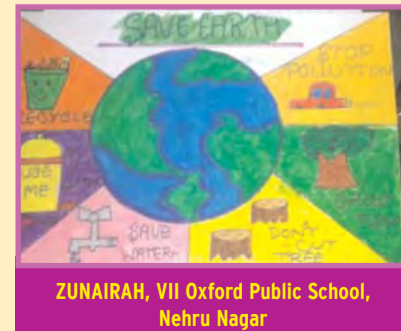
DEBARJO-MAJUMDAR, VII, Bluebells School International



SHRIYANS, V, The Indian School



PRATHAM, V, The Indian School



ZUNAIRAH, VII Oxford Public School, Nehru Nagar

The Realm of Gaia

The concept behind this day is unknown to me. For a day is not enough to atone what they do. Leaving scars all upon me — I was once a paradise, now, the dirt-ridden Yamuna pours down my left cheek, A trickle of smoky Ganga down my right, And with burning, bruised eyes — I look at you, And you sit back and ogle.

Still I try to smile, Despite my agony I try to smile for you.

Jiya Jain, XII, Manav Rachna International School, Sec-14, Faridabad

THE GREEN BUBBLE

Sensitive. Like a bubble. You pat, it pops. But to our much astonishment, this green bubble has endured it all. The frequent nudges, human beings carelessness, it has survived and managed to never snap. But there is much that one can tolerate. And so the decision is ours to make, it is the last hour and we need to choose a path.

We are amidst the two crisis- climate change and the global pandemic. People are saying the Earth is healing, but is it really? A wound cures when tended with care and affection. The Earth has put up with all the pain us humans have inflicted upon it. Just like a mother it has always taken us in its warm embrace and now, it's our time to reciprocate the feelings.

To calm this wrath of the Earth there are steps we need to take. Love it with all we have because our existence goes back to it. It's a long time for which we have ignored our duties and responsibilities as the descendants of this green bubble. It's now that we stop taking things for granted. The Earth, our mother would pardon us for our doings, but it's us who has to vow to never repeat our mistakes.

Vani Gulhati, Manav Rachna International School, Sector - 14, Faridabad